

# *Lanier Islands* 2023 Team Building Guide



Golf Cart Quest



Escape Room in a Box



Cardboard Regatta



Building Bridges

## Center for Professional Training, Leadership and Team Development

LanierIslands.com • Info@lapdoginc.com • 770.240.1012

# *Lanier Islands*

## **Center for Professional Training, Leadership and Team Development**

At Lanier Islands, we believe in the power of strategic partnerships. We understand the vital need to work together to achieve positive change. We are committed to excellence. We have a bold ambition to develop teams, and we are working hard with our partner, lapdog, inc. to ensure success.

Lanier Islands is so excited to introduce lapdog, inc. as our preferred partner for team and leadership development. Lanier Islands and lapdog, inc. share a common vision for team building—to deliver the most impactful initiative(s), in the most relevant way, at the most relevant time. And we are doing this through the development of the Lanier Islands Center for Professional Training, Leadership and Team Development.

At lapdog, our goal is to make your team better at what they do. Period. How do we do it? Our passionate team of professional team development and team building consultants asks probing questions to determine what you need to excel. We then develop a program that simulates real-life events to address both your defined needs and those beyond your immediate perception. This approach allows us to help you institute everyday changes that let your team operate at its best. Whether it is a one time initiative, or a long term team development program, we can provide all the services needed to enhance your team and organization. Experience the lapdog difference for yourself. Allow us to help you identify, refine and succeed!





# Advance through Adventure

By combining our unique scenery and an extensive menu of peer-related pursuits, Lanier Islands welcomes the opportunity to act as your catalyst for positive change. Why not trade the “rat race” for a REAL race or “get the ball rolling” with an ACTUAL ball? Rather than merely hosting a seemingly endless string of meetings and break-out sessions, we invite you to BE DIFFERENT at your next event at Lanier Islands. Explore this abbreviated list of just some of our most popular team building offerings and imagine the possibilities they could hold for your company. All activities can be designed to meet the time frame, physicality, and development goals of your group.



# So Many Great Team Building Options— How Do You Choose?

To get started narrowing down your search for the perfect Team Building activity for your group, answer the hand full of questions below.

Once complete email us a scan/photo of your preferences at [Info@lapdoginc.com](mailto:Info@lapdoginc.com) and our team of experts will contact you to assess your requirements and to make recommendations on the task best suited to fit your needs.

**Company:** \_\_\_\_\_ **Contact Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

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## Circle Your Preferences

Indoor											Outdoor											
Lanier Islands											Your Location											
Land Based											Water Based											
Competitive											Cooperative											
Off the Shelf											Customized											
On a Budget											Sky is the Limit											
Small Group											Large Group											
Development Level																						
Moderate	1	2	3	4	5	6	7	8	9	10	Intense											
Physicality Level																						
Moderate	1	2	3	4	5	6	7	8	9	10	Intense											

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**Arrival Date:** \_\_\_\_\_ **Departure Date:** \_\_\_\_\_

**Program Date:** \_\_\_\_\_ **Number of Participants:** \_\_\_\_\_

**Top goals or topics you would like included in your program:**

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# Client Favorites

## Our Most Popular Team Building Activities

You can't go wrong with these tried, and true team building activities—they are our most popular and well-loved!



### Lanier Golf Cart Quest

Explore Lanier Islands on a Resort Cart while building togetherness and having fun! Teams are equipped with a map and a task list, along with any other needed information and sent on their way. The team that earns the most points, wins.

See Page 28 for Details



### Cardboard Regatta

Teams will be given supplies to design and construct a cardboard pool-worthy vessel. Once teams have completed their vessel and presented a team cheer, everyone will march to the pool, cheering all the way – ready to compete!

See Page 17 for Details.



### Lanier Pontoon Boat Quest

This activity takes place on pontoon boats on beautiful Lake Lanier and provides an opportunity for fun on the water. Teams are equipped with a map with checkpoints for them to visit around the lake. The team that earns the most points wins.

See Page 29 for Details.



### Escape Room in a Box

Teams work together to decipher clues, solve puzzles, break codes and unlock boxes. Communication, teamwork, sharing knowledge and project management will lead to success. The team that finishes first will be rewarded.

See Page 23 for Details.



### *fingerprint*

The goal of *fingerprint* is to focus on the growth and positive change aspects of individuals and the team. This session can accommodate physicality and team development goals ranging from 1 (very low) to 10 (very high).

See Page 24 for Details.



### Competitive Edge

For teams to organize, align, and execute quickly as they have a limited amount of time to deliver results at each team building exercise. Points are awarded for this team-oriented competitive session.

See Page 19 for Details.

# Mix, Match, and Make it Your Own

Customization is our specialty and with this new Mix & Match teambuilding selection we are sure to create a program exclusively for you that is a perfect match for your organization's goals. Choose from 11 popular activities that are sure to challenge and entertain your entire group. All activities include our professional facilitators and all required materials to complete each task. Pick 3, 4 or 5 activities depending on your time available and your budget.



## A-Frame

Goal is to transport a team member through a designated course using a wooden A-frame, while retrieving objects along the route.

Minimum  
7 People

Outdoor

Medium  
Physicality



## Blind Shape

Goal is to determine which two pieces are missing from the set by identifying their shape and color while blindfolded.

Minimum  
8 People

Indoor or  
Outdoor

Low  
Physicality



## Bull Ring

Teams are challenged to transport a ball from its resting point on one stand to another without dropping it.

Minimum  
6 People

Indoor or  
Outdoor

Low  
Physicality



## da Vinci Bridge

Goal is to construct a bridge type of structure, using only the resources provided, that is self-sustaining and could span a distance of 20 feet.

Minimum  
6 People

Indoor or  
Outdoor

Medium  
Physicality



## Key Punch

Team members work together to successfully touch numbers in sequence in the fastest time possible.

Minimum  
5 People

Indoor or  
Outdoor

Medium  
Physicality



**Pick 3**  
2-2.5 Hours  
\$850 Min  
\$85/person

**Pick 4**  
2.5-3 Hours  
\$1000 Min  
\$100/person

**Pick 5**  
3-3.5 Hours  
\$1150 Min  
\$115/person



## Knowledge is Power

Goal is to avoid making the last move in a complicated series of moves, stay focused on the problem at hand and explain how it was solved.

Minimum  
2 People

Indoor or  
Outdoor

Low  
Physicality



## Object Transfer

Goal is to observe and track data of tossable items as they are in process, secured, and dropped. Continuous improvement will occur.

Minimum  
8 People

Indoor or  
Outdoor

Low-Medium  
Physicality



## Ping Pong Towers

Goal is to work together across multiple "markets" to secure new "clients" by placing ping pong balls in piped towers using only pencils and teamwork.

Minimum  
4 People

Indoor or  
Outdoor

Low  
Physicality



## Puzzled

Goal is to assemble a giant puzzle in the fastest time possible... the group must successfully assemble the puzzle within given boundaries.

Minimum  
8 People

Indoor or  
Outdoor

Low  
Physicality



## Tallest Tower

Goal is for each team to build a freestanding structure as tall as possible using only the materials provided.

Minimum  
4 People

Indoor or  
Outdoor

Low  
Physicality



## Zoom

Each team member is given images from a story and without showing the images to each other, they must piece the story together.

Minimum  
12 People

Indoor or  
Outdoor

Low  
Physicality

[illegible]



# 5K Fun Run/Walk

## NUMBER OF PEOPLE

Minimum of 10 people with no maximum

## TIME FRAME

1 Hour

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$25 per person with a \$650 minimum

## INCLUDES

Facilitator, start/finish clock,  
race numbers, waters, fruit,  
granola bars

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## GOAL

To enjoy the physical challenge  
of walking and/or running at a  
beautiful lake resort.

## FOCUS

Shared experience, physical &  
mental effort, perseverance,  
resiliency.

## OVERVIEW

Participants will start at Legacy  
Lodge and walk/run a path towards  
the front of the resort property.  
Mile markers are placed so that  
a 1-mile walk/run could also be  
organized. This event can be framed  
and organized as a race or as a  
team building type of exercise.

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# Advancing Communication

## NUMBER OF PEOPLE

Minimum of 6 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$125 per person with a \$750 minimum

## INCLUDES

Facilitator, online *What's My Communication Style* assessment, materials, findings

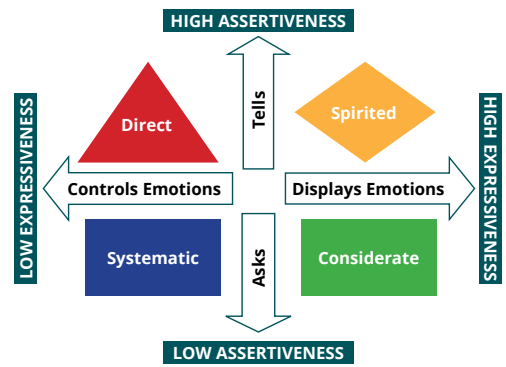
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## GOAL

To better understand both personal and peer communication styles. Discover how style affects behavior. Recognize the strengths and weaknesses of each style. Learn how to interact with different styles.

## FOCUS

Communication Style, perspective, adapting style for effectiveness, assessment.

## OVERVIEW

Advancing Communication is a team development session designed to equip participants with the understanding and skills needed to communicate more effectively and achieve higher levels of team performance. This is a fast and fun way to uncover preferred styles of verbal and nonverbal communication. Participants will learn their preference for one of 4 styles, recognize the various facets of communication, and learn how to use their own style to enhance communication.

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# Advancing Leadership



## NUMBER OF PEOPLE

Minimum of 6 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$125 per person with a \$750 minimum

## INCLUDES

Facilitator, online *What's My Leadership Style* assessment, materials, findings and experiential initiatives

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## GOAL

To better understand both personal and peer leadership styles. Discover how styles and actions affect employee and team performance. Recognize the strengths and weaknesses of each style. Learn how to “flex” personal style to interact most effectively with others and ultimately lead your team to achieve optimal results.

## FOCUS

Leadership Style, perspective, adapting style for effectiveness, assessment.

## OVERVIEW

What's My Leadership Style? is a management development assessment designed to identify leadership styles, help organizational leaders, managers, and supervisors improve performance and become effective leaders. Upon review of the assessment identifying 4 styles, participants will learn their personal preferred style, how to capitalize on strengths and minimize any trouble spots. Participants will also participate in an experiential activity where they will have the opportunity to lead and ‘flex’ their leadership style.



# Advancing Team

## NUMBER OF PEOPLE

Minimum of 6 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$125 per person with a \$750 minimum

## INCLUDES

Facilitator, online *What's My Team Member Style* assessment, materials, findings and experiential initiatives.

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## GOAL

To identify personal team member style. Understand how to capitalize on style strengths and improve trouble spots. Identify the styles of fellow teammates. Plan how to take full advantage of the team's mix of styles. Realize how one is perceived by team members through peer feedback.

## FOCUS

A powerful team building assessment that identifies team members personality style and develops the interpersonal skills needed for effective teamwork.

## OVERVIEW

The What's My Team Member Style assessment starts with a 10 minute 18-item inventory. Easy to use and easy to apply, the assessment measures team behavioral styles: direct, spirited, considerate and systematic. Combining the self-assessment with peer perceptions enables individuals to better understand their behavior, learn how to adapt it to improve interpersonal relationships, develop rapport, and, ultimately, become more effective team members.

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# Backpack Love



## NUMBER OF PEOPLE

Minimum of 14 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$75 per person with a \$750 minimum  
Plus \$1000 Minimum Donation  
Required

## INCLUDES

Facilitator, materials

Facilitator uses 100% of donation to purchase backpacks and food items for charity.

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**lapdog | inc**  
DEVELOPMENT GROUP

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## GOAL

Teams enjoy fun team building initiatives while securing food items to be donated to Backpack Love, a local 501c3 organization.

## FOCUS

Teamwork, celebration, philanthropy, and a focus on hunger and families in need of food.

## OVERVIEW

This session starts with large group activities encouraging 100% participation. Participants will discover truths and facts about hunger in the local Hall County area, as well as across the nation. After successful completion of various team building activities, the donated items will be awarded and will later be used to fill backpacks. All items will be donated to local families in need. This is a great way to energize and inspire your team by helping feed children and families.

Need to know more about specific activities? Call 770.240.1012.

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# ***Build-a-Bike Done Awesome Style***

## **NUMBER OF PEOPLE**

Minimum of 8 people with no maximum  
Up to 8 people per bike

## **TIME FRAME**

2 Hours

## **LOCATION**

Indoor or Outdoor

## **PHYSICALITY LEVEL**

Low

## **INVESTMENT**

\$1050 per bike (based on availability)  
Audio Visual Required

## **INCLUDES**

Facilitator, tools, accessories,  
bikes (donated to children's charity)

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## **GOAL**

To build and donate a high quality mountain bike(s) to Eagle Ranch, a local children's home that helps struggling families (or the charity of your choice).

## **FOCUS**

All that is required is teamwork, empathy, collaboration, selflessness, effective communication, problem solving and a willingness to make an impact. The bikes are very good quality retailing for over \$600 and come with lifetime maintenance provided by a local bike shop.

## **OVERVIEW**

Build-a-Bike Done Awesome Style is a great way to inspire and motivate your team to think about and care for others. Participants will be challenged socially and emotionally as they see the fruits of their labor throughout this initiative. A 5-minute impactful video about Eagle Ranch is a great addition to this session.



# Building Bridges Indoor

## NUMBER OF PEOPLE

Minimum of 8 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$75 per person with a \$750 minimum

## INCLUDES

Facilitator, building materials

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## GOAL

Teams engage in a fun-filled project while selecting leaders to help guide the communication and construction of independent components of a common bridge.

## FOCUS

Collaboration, teamwork, planning, listening and acting on ideas.

## OVERVIEW

Groups will have 1 hour to design and construct the most aesthetically pleasing and sturdy freestanding bridge possible, using only the resources provided by the facilitator. Groups will work in teams of 4-6 people. The creativity abounds and having groups present their bridge at the conclusion of this session makes this a great experience for all.

# Cardboard Regatta

## NUMBER OF PEOPLE

Minimum of 6 people with no maximum

## TIME FRAME

1.5 hours

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$45 per person with a \$750 minimum

## INCLUDES

Facilitator, construction materials, supplies, awards

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## GOAL

To work together as a team to build a cardboard vessel that will float the length of a pool, with a captain aboard. First team across wins! Bragging rights abound!

## FOCUS

Team collaboration, creativity, planning, healthy competition, and communication.

## OVERVIEW

Teams will be given all the supplies needed to design and construct a cardboard pool-worthy vessel. Once teams have completed their vessel and presented a team cheer, everyone will march to the pool, cheering all the way – ready to compete! If your pool-worthy vessel survives the journey successfully navigating across the pool in the shortest amount of time, then take a bow, as your team will be recognized as the best of the best at a brief awards ceremony.

# Casino Night

## NUMBER OF PEOPLE

Call for information  
lapdog, inc. 770-240-1012

## TIME FRAME

Call for information  
lapdog, inc. 770-240-1012

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

Call for information  
lapdog, inc. 770-240-1012  
\*Charitable options available

## INCLUDES

Facilitator, casino set up and  
staff, playing chips

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## GOAL

Having fun together while playing  
casino games.

## FOCUS

Make memories, have fun, and  
build relationships.

## OVERVIEW

Play all the classics....roulette,  
blackjack, Texas hold 'em, craps,  
and MORE! Each table has an  
experienced dealer, who will not  
only deal the game, but will also  
teach the game. Play and win as  
much as you can and whenever you  
feel like you've had your fill - cash  
out your chips for raffle tickets that  
you can turn in for your chance to  
win prizes at the end of the night!



# Competitive Edge

## NUMBER OF PEOPLE

Minimum of 14 people with no maximum

## TIME FRAME

2 or 3 Hours

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$75 per person with a \$750 minimum (2 hr)

\$95 per person with a \$950 minimum (3 hr)

## INCLUDES

Facilitator, supplies, awards

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## GOAL

For teams to organize, align, and execute quickly as they have a limited amount of time to deliver results at each team building exercise. Points are awarded for this team-oriented competitive session.

## FOCUS

Competition drives excellence, team-oriented, fun, and awareness of other's perspective.

## OVERVIEW

Looking for a fun, engaging, active, memorable, and friendly competitive session? You found it! Competition drives excellence and Competitive Edge provides just the right amount of difference to make it one of our most popular programs. Participants are divided into teams with the task of completing a series of 4-6 team building initiatives and competing to earn the most points. Each team will have the same amount of time at each initiative ensuring fairness and consistency. lapdog will present gold, silver, and bronze medals to the top 3 teams, if desired. Need to know more about specific initiatives? Call 770.240.1012.

# Conversations That Matter

## NUMBER OF PEOPLE

Minimum of 10 people with no maximum

## TIME FRAME

2 Hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$75 per person with a \$750 minimum

## INCLUDES

Facilitator, supplies

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## GOAL

For participants to have a collaborative dialogue, engage actively, while focusing on what really matters.

## FOCUS

Willing to contribute, perspective, humility, engagement, listening, sharing of thoughts and ideas.

## OVERVIEW

This is a creative way to experience a guided discussion. Participants collaborate with different people in the group while sharing specific ideas and insights. Tables are covered with paper tablecloths and each group is provided markers and crayons for writing, doodling, and drawing. Groups are given key questions related to the focus of the meeting. A lapdog facilitator begins the session and guides the group through several rounds of discussions. After each round, everyone (except 1 person that volunteers to stay) will move to a different table. The tables will be cross-pollinated with many different ideas and insights. Concludes with a larger group wrap up.

# Culinary Experience

## NUMBER OF PEOPLE

Minimum of 10 people with 40 maximum

## TIME FRAME

3 Hours

## LOCATION

Indoor at Legacy Lodge Only

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$150 per person with a \$1500 minimum

## INCLUDES

Cooking demonstration by one of our award winning chefs, original menus and premium ingredients, fully furnished cooking stations, and chef facilitators. Commemorative chef's aprons available if booked with 2 weeks notice.

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mestupinan@lanierislands.com 678-318-2027



## GOAL

To work together to create an atmosphere that promotes comfortable interaction among the team members and an emphasis on having fun.

## FOCUS

Teamwork, listening skills, willingness to learn, and creativity.

## OVERVIEW

Through the experience of cooking together, your participants will be able to enjoy the camaraderie that comes with great food and great company as well as demonstrate their skill as a results-driven team. Through this culinary event the participants will work together to prepare and present menus provided them by our award winning chefs and compete for the title of "Lanier Culinary Champions". They will have the chance to express themselves through their interpretation of the recipes and creative presentations. When the cooking is completed, team members retire to enjoy their gourmet meal with selected wines if you so choose.

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# Drum Café

## NUMBER OF PEOPLE

Call for information  
lapdog, inc. 770-240-1012

## TIME FRAME

Call for information  
lapdog, inc. 770-240-1012

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

Call for information  
lapdog, inc. 770-240-1012

## INCLUDES

Facilitator, drums

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## GOAL

To bring teams together to have fun drumming in an exciting session where everyone will feel the energy of being in sync with each other.

## FOCUS

Make memories, have fun, build relationships, listening, unity, be togetherness.

## OVERVIEW

Drum Café's interactive drumming is a powerful and relevant way to make your event memorable! We offer many world-class programs that are perfect for your team building, training or event. Each person gets a drum, and learns to work in harmony with the team. Drum Café builds teams, unites departments, and motivates staff.

# Escape Room In a Box!

## NUMBER OF PEOPLE

Minimum of 4 people with 96 maximum

## TIME FRAME

1.5 Hours

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$45 per person with a \$750 minimum

## INCLUDES

Facilitator, all supplies.

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## GOAL

To work together as a team to decipher clues, solve puzzles, break codes and unlock boxes.

## FOCUS

Effective communication, project management, sharing information, collaboration, problem solving and having fun!

## OVERVIEW

Think Escape Room that can be done anywhere at any time. Teams will be given all supplies needed to crack codes, unlock locks and open boxes to solve the ultimate mystery. Teams will need to work together effectively while sharing knowledge using project management and communication skills in order to be successful. This is fun, portable session that has that Escape Room feel.

# ***fingerprint***

***identify • refine • succeed***

## **NUMBER OF PEOPLE**

Minimum of 4 people with no maximum

## **TIME FRAME**

2, 3 or 4 Hours

Extension available upon request

## **LOCATION**

Indoor or Outdoor

## **PHYSICALITY LEVEL**

Medium

## **INVESTMENT**

\$85 per person, \$850 minimum (2 Hr)

\$105 per person, \$1050 minimum (3 Hr)

\$125 per person, \$1,250 minimum (4 Hr)

## **INCLUDES**

Facilitator, supplies

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## **GOAL**

The goal of *fingerprint* is to focus on the growth and positive change aspects of individuals and the team. This session can accommodate physicality and team development goals ranging from 1 (very low) to 10 (very high).

## **FOCUS**

Teamwork skills, team development, relationship building, individual and team identity.

## **OVERVIEW**

Help your employees and their teams explore their unique identity through intentional activities and facilitated discussions. Participants will be able to use their findings to benefit the team and to realize their role in the successful development of the team. Participants will experience team-based initiatives and small group discussions to help uncover results for personal and team development. Each fingerprint program is designed around the needs and goals of your team and can be as specific as trust or as general as team development. Need to know more about specific initiatives? Call 770.240.1012.



# Guided Fishing Tour

## NUMBER OF PEOPLE

Minimum of 3 people with 100 maximum  
Maximum of 4 per boat

## TIME FRAME

4 Hours

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

Call for pricing

## INCLUDES

Fishing boats, fishing equipment,  
safety equipment

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## GOAL

To catch the big ones and enjoy the  
adventure of fishing on Georgia's  
Lake Lanier!

## FOCUS

Make memories, have fun, build  
relationships, relax.

## OVERVIEW

With the ability to handle groups  
of up to 100, a corporate outing  
with Fish Lanier Guide Service will  
be a memory of a lifetime. Doug  
Youngblood, a 1988 Bass Master  
Classic qualifier, 2-time national  
tournament winner on Lake Lanier  
and a former pro-circuit angler,  
guides and fishes Lake Lanier  
approximately 300 days a year as a  
full-time, fully licensed and insured,  
professional fishing guide for  
striper, crappie & spotted bass.  
Doug not only knows striper,  
crappie & bass, he knows Lake  
Lanier's stripers, crappie & bass!

# Guided Hike

## NUMBER OF PEOPLE

Minimum of 2 people

Call if more than 60 are participating

## TIME FRAME

1 Hour

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Low to Medium

## INVESTMENT

\$25 per person with a \$750 minimum

## INCLUDES

Hike guide, waters, sports drinks, grab bag snacks, bug spray, first aid

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## GOAL

To enjoy the outdoors and build relationships, while walking on the trails overlooking Lake Lanier.

## FOCUS

Shared experience, gorgeous views, gain knowledge about Lake Lanier.

## OVERVIEW

This is the perfect Morning Meeting Starter activity. Participants will start at Legacy Lodge and walk/hike both a paved pathway and a trail in the forest. The participants will establish the distance and the pace. The guide(s) will provide both historical and botanical knowledge about the lake, the property and the flora and fauna living on the property. Participants will feel awake and revived after this brisk, fresh air activity.

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# Happy Hour Hangouts

## NUMBER OF PEOPLE

Minimum of 5 people with 100 maximum

## TIME FRAME

1 Hour

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$45 per person with a \$750 minimum  
\$350 flat rate per additional hour

## INCLUDES

Facilitator onsite, games, supplies

\* Can be extended by request.  
Seasonal.

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## GOAL

Have fun and be social.

## FOCUS

Relaxed atmosphere, unique games, competitive spirit.

## OVERVIEW

Happy Hour Hangout is sure to be to be fun and memorable. Typical location is poolside near Bullfrog's Bar & Grille and is perfect for an exciting cocktail hour where participants can network with a beverage in hand and enjoy a few competitive games. We bring the classics to you. These traditional (and some not so traditional) tournament style games are great for mixers, networking, and are a fantastic complement to any signature drink. Cocktail hour will never be the same!

Game options include: Poker, Dominos, Corn Hole, Rings, Quoits, Ringing the Bull, Aunt Sally, Shove, Ha'penny, Ladder Golf, Kubb, Pitch Penny or Toad in the Hole, Bocce, Shut the Box, and Cribbage.



# Lanier Golf Cart Quest

## NUMBER OF PEOPLE

Minimum of 8 people with 125 maximum  
(Based on cart availability)

## TIME FRAME

2, 2.5, or 3 Hours

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$75 per person with a \$850 minimum (2 hr)  
\$85 per person with a \$950 minimum (2.5 hr)  
\$95 per person with a \$1050 minimum (3 hr)  
\$15 per cart

## INCLUDES

Golf carts, facilitators, supplies, and, gold, silver, and bronze medals to top 3 teams

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Leadership and Team Development



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## GOAL

To get out in golf carts and enjoy the beautiful scenery of Lanier Islands including Lake Lanier while working together to find specific locations around the property. Compete with other teams to visit the most checkpoints as possible.

## FOCUS

Using resources, communication, teamwork, fun, competing, enjoying outdoors.

## OVERVIEW

This activity takes place outdoors and provides an opportunity for participants to have fun traveling around on golf carts enjoying the resort. Group is divided into teams and given colored bandannas to identify each team. Teams are then equipped with a map and a task list along with any other needed information and sent on their way. Teams take photos or participate in team initiatives trying to earn the most points possible. The team that earns the most points, wins. Medals awarded to top 3 teams, if desired.

# Lanier Pontoon Boat Quest

## NUMBER OF PEOPLE

Minimum of 8 people with 100 maximum  
2 boat minimum and 12 boat maximum  
(Drivers available for additional cost)

## TIME FRAME

2 or 3 Hours

## LOCATION

Outdoor

## PHYSICALITY LEVEL

Low to Medium

## INVESTMENT

\$120 per person with a \$1800 min (2 hr)

\$140 per person with a \$2200 min (3 hr)

\*Non-refundable deposit required

\*Drivers available. (\$150 boat)

## INCLUDES

Pontoon boats, fuel, facilitators, supplies,  
maps, awards, non-alcoholic beverages,  
snacks, sunscreen, first aid

## Lanier Islands

Center for Professional Training,  
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**lapdog** | inc  
DEVELOPMENT GROUP

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## GOAL

To get out in pontoon boats and enjoy the beautiful scenery of Lake Lanier while working together to find specific locations around the lake and participating in several team building initiatives. Compete with other teams to visit the most checkpoints and earn the most points possible in the given time frame.

## FOCUS

Using resources, communication, teamwork, fun, competitive, enjoying being on the water.

## OVERVIEW

This activity takes place on pontoon boats on beautiful Lake Lanier and provides an opportunity for participants to have fun on the water that surrounds Lanier Islands. Group is divided into teams and given colored bandanas to identify each team. To further promote team spirit, teams can be given the opportunity to enjoy making colorful team banners to attach to their pontoon boats. Teams are equipped with a map indicating several checkpoints for them to visit around the lake. Teams will take photos, gather items and/or participate in team initiatives at each checkpoint trying to earn the most points possible. The team that earns the most points wins. Awards presented to the winning team.

Visit LanierIslands.com

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# Masterpiece Mixers

## NUMBER OF PEOPLE

Minimum of 10 people with 150 maximum

## TIME FRAME

Approximately 2 Hours

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$55 per person with a \$750 minimum (canvas)  
Non-refundable deposit required

## INCLUDES

Instructor, supplies, canvas to keep

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## GOAL

To produce a masterpiece painting, while having a fun and memorable experience at the same time!

## FOCUS

Listening, concentration, fun, and creativity.

## OVERVIEW

Groups will be led by an artist instructor to complete a canvas painting. Paintings are fun and easy to follow along. There are a variety of paintings to choose from including seascapes, landscapes, and holiday themes. This is a great team building event as you compare artistic skills. Groups may also add food and beverages to the event. Facilitated by Masterpiece Mixers.



# Meeting Openers and Energizers

## NUMBER OF PEOPLE

Minimum of 8 people with no maximum

## TIME FRAME

Up to 1 Hour

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$750 for 8-99 participants

100+ call for pricing

## INCLUDES

Facilitator, materials

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## GOAL

To help set the stage for a great meeting or conference with fun and engaging opening activities that support your theme and goals.

## FOCUS

Increased atmosphere of fun, problem-solving skills, increased creativity, and transfer of shared ideas.

## OVERVIEW

Start your meeting with a fresh new approach! Let lapdog inspire everybody in your group with a pre-designed sequence of entertaining games, initiatives and group activities. Our meeting icebreakers and openers are a great way to liven things up.

# Sailing Charter

## NUMBER OF PEOPLE

Minimum 10 with maximum 100

## TIME FRAME

4 hours or 8 hours

## LOCATION

Outdoor – Onboard 25' to 27' Sailboats

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$125 per person for 4 hours with a  
\$1250 minimum

\$200 per person for 8 hours with a  
\$2000 minimum

## INCLUDES

Captain, sailboat, safety equipment

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## GOAL

Create effective action plans,  
improve team communications and  
implement team solutions.

## FOCUS

Learn basic sailing skills, effective  
communications and plan creation  
and implementation.

## OVERVIEW

Sailing places most team members  
into a completely new marine  
environment. The team, as a  
whole, will learn basic sailing  
skills, a new language, quick  
planning of maneuvers, precise  
communications, real time  
implementation and situational  
awareness all while having fun  
on Lake Lanier. Your exercise will  
conclude with a group regatta back  
to your home port.

# Trivia Challenge

## NUMBER OF PEOPLE

Minimum of 20 people with no maximum

## TIME FRAME

1.5 hours

## LOCATION

Indoor

## PHYSICALITY LEVEL

Low

## INVESTMENT

\$25 per person with a \$750 minimum  
Audio Visual Required

## INCLUDES

Facilitator, prepared trivia, awards

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## GOAL

Players form teams that compete against each other in answering questions. The goal for each team is to get the most number of points. The team with the most points wins the main prize at the end of the night.

## FOCUS

Trivia, team bonding, mild competition, fun and laughter, networking

## OVERVIEW

Our format is simple: 20 questions on a variety of topics as well as a half-time blitz played in about one hour. The final round is a bonus round in which teams can wager up to 15-points, in hopes they can pull off an upset! This is a great evening activity that pairs nicely with drinks and relaxation after dinner. Gold, Silver and Bronze medals awarded to the top 3 teams.

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# Yoga

## NUMBER OF PEOPLE

Minimum of 4 and no maximum

## TIME FRAME

1 Hour

## LOCATION

Indoor or Outdoor

## PHYSICALITY LEVEL

Medium

## INVESTMENT

\$45 per person with a \$750 minimum

## INCLUDES

Instructor, yoga mats



## GOAL

To realign your center and learn stability before mobility.

## FOCUS

Physical fitness involving controlled breathing, balance, and core strength along with mental release.

## OVERVIEW

Beginners Yoga is designed to help realign your mind along side your body as we focus on rooting ourselves, finding our centers, and discovering how our bodies were made for movement.

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*Lanier Islands*  
LEGACY GOLF COURSE

# GOLF OUTINGS

**Lush Fairways,  
Manicured  
Greens**

**12 Holes Along  
the Water!**

Hosting a golf outing at Legacy Golf Course is ideal for any social or corporate occasion. Enjoy a round of golf that is excitingly different and fun, while building relationships with family, friends, vendors or employees.

To book a  
Group Golf Outing  
Call 678.318.7862

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# Lanier Islands Holiday Parties

## We Are More Than Just Meetings!

We Deck the Halls and the streets,  
providing the perfect backdrop for  
your next Holiday Party!

Enjoy delicious catering options, first  
class service, beautiful facilities, and  
deluxe overnight accommodations.  
With our sparkling lights and festive  
holiday decor, there is no better place to  
host your company holiday party  
in Georgia than at Lanier Islands.

**Call our Social Events team at  
678-318-7859 to book a party today!**





# GROUP PICNICS

**GATHER FOR FOOD,  
FUN, AND SUN!**



Whether you're planning a corporate event or a family reunion, we make it easy. Plan a day at the water park, treat your group to the beach and enjoy great food. Our pavilions are the ideal space for every group.



Contact one of our Sales Representatives for more information  
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# EXCURSION YACHTS

**TREAT YOUR TEAM TO A  
CRUISE ON THE LAKE!**



The LandShark and Margaritaville boats provide a sense of escapism and adventure creating an outstanding environment for all types of gatherings. For business, pleasure or a mix of both, our boats have something fun in store for every group.



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# Lanier Islands

LEGACY LODGE

## We have something for everyone!

Whether you are here on business or just visiting for pleasure, we have dining options for every guest at Legacy Lodge! From the grab and go convenience of

The Butler's Pantry, to the casual and cozy environment of Bullfrogs or the elegant, fine dining menu of Sidney's, to our full service lobby bar, we have what you need!



Visit [LanierIslands.com](http://LanierIslands.com) or call 770.945.8787 for more information.